

# Crescent Respite

Your Stay, Your Way



SCAN FOR MORE  
INFORMATION

# Backstory

People asked me why I started Crescent and what is the story behind it. To be honest with you, it is a simple story, it is creating a respite with a simple human touch. Working in this field for the last 13 years, there is an element behind respite that people forgot, it is the therapeutic aspects.

Many focus on providing a space where someone can unwind and escape the everyday burden, but most come back as they were and that is the main concern, there is no progress. Progress has been detailed as the source of rejuvenation, happiness and breaking sense of confusion.

For years, there has been a number of services for people with disability that are meant to address certain aspects of their disability to allow for the improvement of their wellbeing. We have been in this industry of disability, mental health,

## Therefore, Crescent Respite was born

Crescent is defined as it can also be symbolic of growth, creativity, and manifestation, with psyche and empowerment feel. Crescent is the sighting of something new; a new beginning of how we can transform our life. Journey of new discovery, new possibilities and crafting the ideal mindset. In the world where there are shortages of services that are well catered, person-centred and evidence-based that will provide the necessary services for the participant and what they desire and need. We needed to build something that is out of the ordinary and redefine the new norm of what respite should deliver while focusing on recovery and rehabilitation.

Now we have the first therapeutic respite facility under [Crescent Respite](#)

forensic and psych wards for decades to find out what is the best solution possible. In the search for solutions, reading through articles and journals about what is the best treatment plans, educating ourselves with research studies, to master the best strategies in place and the interventions manufactured.

The story behind this mission started when we met an individual that was living in a respite home, whereby he was not monitored even though he is 1:1 and ended up drinking bleach. Also, throughout his stay after he was admitted to the hospital, he was extremely agitated and felt overwhelmed by the pain and discomfort that he bit his index finger off. This is when we realised that we have to make a difference and build a service that will eradicate these stories and provide opportunities for better living.

## Core Principles

### 1. Innovation

By constantly growing and evolving

### 2. Leadership

By delivering high standards within our work and within our team

### 3. Authenticity

by showing we genuinely care & through developing open & honest relationships

### 4. Humility

Through being approachable, compassionate & accountable

### 5. Respect

by embracing diversity & choice

### 6. Resilience

Through flexibility, courage & adaptability

## Vision

To spark a new beginning and become the leading organisation in Therapeutic Respite and Independent living for people with disability through innovation and Creativity.

## Mission

To become the National leader in equipping people with disability with tools to Recover, Rejuvenate, Re-calibrate and Rediscover themselves.

### I would like to introduce you to Crescent Services

In Wyndham Vale we have multiple 2 Bedroom SDA Robust built Homes suited for short, medium or long-term stay. Crescent Respite provides premium accommodation. Our team will guide you to improve until we feel you are ready to continue to grow through your own efforts.

As an NDIS Registered Provider, Crescent Respite focuses on a Therapeutic Respite approach, equipping people with the tools to recover, rejuvenate, recalibrate, and rediscover themselves.

Our model is simple, once we get a referral, we will meet with the participants at their homes, to conduct an initial meet and greet. Once rapport and foundation are built, we will formulate a plan for when they move to one of our homes. We establish a good routine, understand the behaviour needs addressing and any action steps we need to put in place.

During the stay, they will be seen by an allied health therapist in a model called the transdisciplinary model, whereby all therapists will be made available to the participant at one time. meaning instead of seeing Occupational Therapists, Speech Pathologists or Behaviour Therapists at three random times, they will see them all at the same time, giving us more concrete intervention, accurate data and a higher chance of mitigating the risk and reducing behaviour of concerns including sleeping hygiene.

### What makes Crescent Respite the Ideal Choice:

1. Comfortable and Welcoming Environment-
2. On-site Support
3. Build Your Skills
4. Dynamic Environment
5. Daily Personal Care:
6. Lifestyle and Leisure
7. Allied Health Professionals
8. Hospital & Prison Step Down and Transition Program

Crescent Respite's primary focus is to help transition participants into the community through a well-adjusted approach and action steps that allow for higher success and reduce the chance of re-admission. Every participant will be met with a seamless yet precious assessment to ensure the plan and support are carefully orchestrated around the person's profile characteristics and personality rather than their disability.

Here at Crescent, its  
**Your Stay, Your Way!!**

# Services

Crescent Respite provides premium accommodation and facilities for short-term stays. There are no time limits or restrictions. Instead, our team will guide you to improve until we feel you are ready to continue to grow through your own efforts.

Crescent Respite specialises in providing Short-Term Respite & Medium-term Accommodation for people of all walks of life. As an NDIS Registered Provider, Crescent Respite focuses on a Therapeutic Respite approach, equipping people with the tools to recover, rejuvenate, recalibrate, and rediscover themselves.

I would like to introduce you to our new Crescent Homes and Hotel. All our Crescent Respite homes are SDA approved Robust-built purpose-designed.

## Crescent Homes & Crescent Hotel

We have

**MULTIPLE**

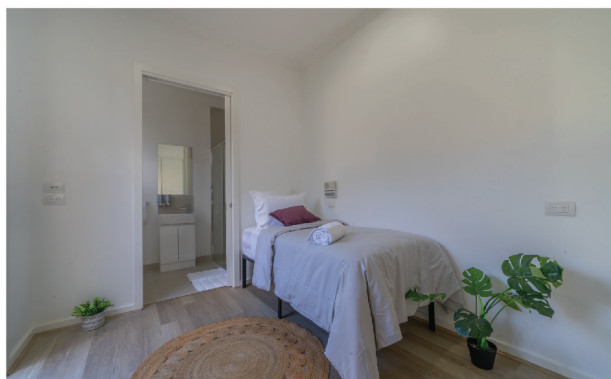
**2 bedroom**

**SDA Robust  
Purpose-built  
Homes & Hotel**



## 2-bedroom SDA Robust Purpose-built homes with:

- Spacious bedrooms
- Private ensuites featuring roll-in-showers
- Functional kitchens
- Assistive technology
- Extra wide garages
- Security alarm and intercom systems
- Ducted air conditioning
- Automated blinds
- Shared living areas including secured gardens and outdoor spaces
- Onsite overnight assistance facilities
- Lifestyle locations



## What makes Crescent Respite the Ideal choice:

### 1. Comfortable and Welcoming Environments

We are open to helping participants design their stay your way. This means catering to participants' specific needs and exercising a person-centred approach.

### 2. On-Site Support

We understand that everyone's needs are different. That's why we offer 24/7 on-site support from our team of qualified professionals. So, we have specialists available if your participants need help with personal care or simply need someone to talk to.

### 3. Build Your Skills

Hone into your participants' abilities and craft ways to improve participants daily living skills, emphasise your participants' capacity and build a comprehensive interpersonal relationship.

### 4. Dynamic Environments

As well as the basics, Crescent Respite features spaces where participants can indulge in their hobbies or even try something new. From a simple walk around a neighbourhood to a mountain climb hike, from dining in your local cafes to creating your signature dishes, from quiet time in your sensory room to a group community activity and everything in between.

### How we can help

Explore our range of services and learn more about what you can expect from your time with Crescent. With a team of specialists on board, we can provide comprehensive and holistic support for every person who walks through our doors.

### Improve Daily Living Skills

- Personal care services include showering, oral hygiene, clothing, and toileting.
- Independent living skills to help participants achieve NDIS goals.

## Lifestyle & Leisure

- Helping people develop a healthy and balanced lifestyle is at the core of what we do here at Crescent. We have both specialised spaces to help you develop life skills and places where you can relax and enjoy life as it was meant to be, on-site with easy access.
- Assistance with Daily living and recreational activities such as participating in favourite hobbies, seeing area sights, meeting new people, and participating in community events.
- At Crescent, we want to help you thrive and live life to its fullest, with a wide range of lifestyle and leisure activities. From social events to classes and shows, there's always something to do!

## Allied health professionals

- Allied health professionals are available that add a therapeutic touch to participants' respite experience. In other words, each participant will have a wide range of allied health professionals working immensely to support and service, thus providing an all-inclusive approach from the moment they walk into our Respite till after they leave.
- Allied health professionals can provide assessments & reports; BSP, Functional Capacity assessment, Sensory profile, Communication Assessment, Hospital Discharge Planning, Cognitive Rehabilitation, and Ergonomic Assessments.

In addition, Assessments that can help people with a disability receive specific NDIS funding can include:

- o Communication Assessments
- o Functional Capacity Assessments
- o Swallowing Assessments
- o Cognitive Ability Assessments
- o Mobility Assessments
- o Behavioural Assessments
- o Swallowing assessments and mealtime management.
- o Augmentative and Alternative Technology (AAC).
- o Change of circumstances,
- o Pre-NDIS assessment,
- o Recommendations and more.

### Hospital and Prison Step Down & Transition Program

- We will work with Psych Ward, mental Health Unit/Hubs, Prison and alike for people that need an extra step before being interrogated in the community.
- We will come and work with the participant prior to discharge to ensure a smooth transition
- We will provide our services while remaining in the facility to ensure that all assessments including risk, cognitive and functional assessments are in place for an increased rate of success and to mitigate the risk associated.
- Each person will go through a recovery and rehabilitation model for both participants with disability and psychosocial conditions.
- Crescent will act as a Mental Health Hub for all participant that requires a break away from everyday struggle and distressing

### Transportation

Crescent Team will provide transportation to and from the Crescent Homes & hotel.

# What's happening at Crescent

## 1. Lifestyle activities

We can help you discover new interests and have a good time through a range of lifestyle activities. Get active, learn new things, and have fun!

## 2. Sports

Social sports are a great way to build confidence, make friends, and develop new skills.

## 3. Live Entertainment

We've got some great live entertainment lined up this year! Listen to some music, watch actors put on a show, or even catch some comedy.

## 4. Camping

Get out into nature and enjoy some time under the stars. We have a range of high-quality partners who arrange camping trips to relax and help in creating bonds with new friends.

## 5. Arts & Crafts

Unleash your creativity with our arts and crafts sessions. We've got all sorts of materials for you to use, plus plenty of guidance if you need it.

## 6. Other Leisure Activities

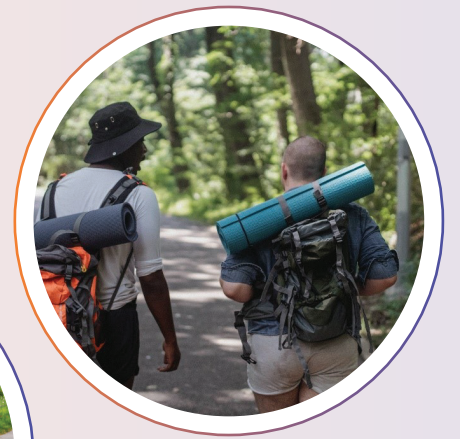
There's so much more to do at Crescent. With high-quality partners, variety of leisure activities available, with more being added all the time.

## 7. Person-Centred Services

All our lifestyle and leisure activities are centred around people first and foremost. They're designed with both ability and disability in mind, creating experiences that are open to all.

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We are one call away;  
it is Your Stay, Your Way!!





## Community Access that we Offer



### Victoria State Rose Garden

With over 5000 roses (covering about 5 hectares), the Victoria State Rose Garden is one of the tourist gems of Victoria. Awarded the International Garden of Excellence by the World Federation Of Rose Societies in 2003, it was the first rose garden outside of Europe to receive this Award and the only one (at that time) cared for entirely by volunteers.

### Shadowfax Winery

Established in 1998, Shadowfax is a boutique local winery. Dedicated to creating high quality and handcrafted wines, the renowned varieties include Pinot Noir, Chardonnay, Pinot Gris, Riesling and Shiraz as well as a selection of highly limited, single-vineyard wines. The Chief Winemaker Alister Timms has a strong focus on regionality with the majority of fruit sourced and hand-harvested from our vineyards in the Macedon Ranges and Werribee as well as small growers in Geelong.



### Wyndham Art Gallery

Wyndham Art Gallery is the region's hub for contemporary art. Located in the 'West End' precinct, the Gallery produces a bold calendar of exhibitions that respond to the rich social and cultural character of Melbourne's west. Inside the Gallery you'll find a broad range of contemporary art from paintings, sculpture and ceramics to photography and video works by top local talent, emerging and established artists from across Australia.

### Visit Port Campbell National Park

Standing atop the sea cliffs in Port Campbell National Park, it's hard to believe wind and water sculpted this rugged, rock-strewn coast, which is punctuated by giant pinnacles. The most photographed attractions are the Twelve Apostles. These seven majestic rock spires jut from the pounding surf, and you can enjoy panoramic views from vantage points along the sea cliffs. If you're wondering about Great Ocean Road recommended stops, this is the absolute must-see.



### Soak Up Aussie Beach Culture at Torquay

The official start of the Great Ocean Road, Torquay is an excellent place to get your bearings and soak up some classic Aussie beach culture at the same time. First stop should be the helpful Torquay Visitor Information Center. This is a great place to pick up a map of Great Ocean Road, gifts for your friends, and tips for your Great Ocean Road itinerary.

## Community Access that we Offer



### National Gallery Of Victoria

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No visit to Melbourne would be complete without at least spending a few hours at the ever iconic Queen Victoria Market. This Inner City Market has been in operation for more than 140 years and it's spread out over 7 hectares a prime Melbourne land. With more than 600 different retailers and stall holders selling their wares, it is famous for being the southern hemisphere's largest open-air market. From food to fashion and homewares to crafts, QVM is Melbourne's official shopaholics paradise.



### Queen Victoria Market



### Carlton Gardens

These heritage-listed Gardens are the perfect place to escape the hustle and bustle of the city and enjoy a long and lazy picnic under open blue skies. Kick back and relax while watching a whole host of wildlife going about their business. Snap some beautiful shots off the tree-lined Avenues, miniature lakes, formal flower beds and stately fountain. Home to the Royal exhibition building, Melbourne Museum and IMAX Cinema, everything you need for a full day out can be found here.

Located on the northern boundary of Carlton Park, Melbourne Museum offers a diverse range of exhibitions to view. Whether you are a science buff or a little bit of a history need, every taste is catered for here. As the southern hemisphere's largest museum, you are guaranteed of plenty to see and do. Aside from the usual tours, educational experiences are everywhere you turn. Check out more than 600 animals from around the world, get up close and personal with dinosaur fossils, and step back in time to a land before colonisation. When it comes to museums in Melbourne, this is by far the biggest and best for all ages.



### Melbourne Museum



### Royal Botanic Gardens

Spread out across 36 hectares of land, the Melbourne Royal Botanical Gardens are a stunning place to spend an afternoon. Both self-guided and guided tours are available with the Aboriginal Heritage walk being the star of the show. Take a deep breath and let the crisp floral air fill your lungs as you make your way through a diverse range of flora and fauna. Take a trip on a punt and let the kids explore the Children's Garden. Whether you are young or old or traveling solo or with family, the Royal Botanic Gardens let you get back to nature and offers a green oasis in the heart of an urban jungle.

## Executive Team

Is a Behaviour Therapist with 13 years of experience in Philanthropy and entrepreneurship who revolutionised the Health world. His background in Psychology, Behavioural Psych, Applied Behaviour Analysis, Psychotherapy and Rehab Counselling over the last thirteen years puts him ahead of the race when it comes to behavioural; intervention, sound clinical treatment and out-of-the-box approaches. His decades of experience and profound knowledge of modern ages and classic strategies of human behaviour and psychology and communication give all his clients the comfort to know they are in good hands and that there is no problem he can't handle.

### Jay Ibrahim

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Director



Christopher is a Business Strategist and analyst with extensive previous experience working in and managing business development operations across multiple industries. As a Business Consultant, Christopher is able to leverage his 10+ years of marketing, sales, management, customer service, and business operations experience to assist organisations in the past in realising reinvigorating their company vision and mission and achieving new levels of professional expansion.

### Christopher Murphy

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Research and Development Coordinator



## Staff Bio

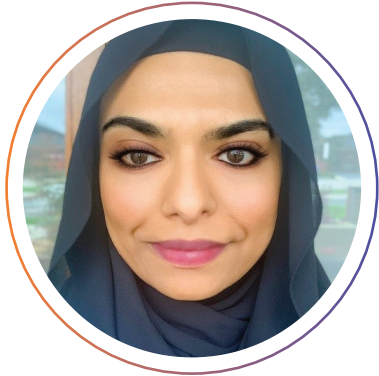


Jobby is known as a passionate & determined Sales Leader with a track record of developing winning teams, consolidating positive outcomes, and forging strong relationships based on delivering results and innovative sales systems. His passion is to trigger ongoing conversations & partnerships among the business fraternity about the impact we can make in the community.

**Jobby Mathew**, Sales and Marketing Consultant

I'm Amane, The OT. I have worked with older adults in physical setting in the past 4 years. It has been great experience. I recently started working with teenage girl with cerebral palsy as well and it has been amazing experience to make difference in clients lives. I love caring for people and it has been a driving wheel to deliver service with passion! I look forward to working with you all! Be blessed

**Amane**, Occupational Therapist



I am Shazna but please call me Shaz. I will be managing Payroll for Crescent Respite Facility. I come from an admin/accounting background, and it's a privilege to be working for Crescent Respite. I am a self-motivated and disciplined soul. I am always keen to up-skill myself by learning new things whenever I get a chance and I absolutely love helping people. I look forward to bringing my strengths, my human touch to any situations and my realistic approach to this organization. I am also a predominant artistic individual who enjoys making memories with my two beautiful boys, embrace diversity by travelling and in my spare time I love baking with my boys. It's so nice meeting all of you and I look forward to a long and prosperous venture together.

**Shazna**, Payroll Officer

I have 3+ years' experience in human resources in sectors including vocational education, higher education, disability and community services. I am passionate about working in this industry and making a difference in people's lives. My recruiting style is person-oriented, and always ensuring that the central focus is providing excellent care to the clients. In my spare time I love going on hikes and capturing candid photographs. I am definitely an adrenaline junkie and love meeting new people along my journey! I am looking forward to work with each one of you and continue to achieve milestones together as a team!

**Jeena**, Human Resource





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