



Position Description

1. Position Description

Position title: Exercise Physiologist
Role: Full Time
Reports to (position): Senior Manager
Location: Windsor:

Primary purpose of the position:	
<p>Exercise physiologists analyze their patients' fitness in order to help them improve their health or maintain good health.</p> <p>Exercise physiology supports people living with disability and chronic medical conditions to minimise the impact of their disability or illness through exercise and improving their physical fitness.</p> <p>The major benefits of exercise physiology are:</p> <ul style="list-style-type: none">● improved ability to move● better pain management● increased strength● better balance and walking gait● improved general fitness● improved and maintained independence● maximised quality of life.	
Specific accountabilities	Performance measure

Position Description

<ul style="list-style-type: none"> • Working with participants who have disabilities supporting them via assessment, individual planning to develop strategies and attainable goals for them and families • Caseload will be made up of adults and children, whom you will see in their own environment • Providing assessments and providing subsequent interventions to assist in Activities and Daily Living Independence • Conducting assessments and completing treatments where required to the best ability and uphold NDIS standards • Conducting health and fitness assessments and set patient goals • Creating and prescribing exercise programs involving gym and physiotherapy • Establish relationships with clients and built rapport • Establish relationships with other practitioners 	<ul style="list-style-type: none"> • Must be passionate in the Disability Sector, helping and assisting people to live their best life • Knowledge of NDIS is desirable • Ability to work independently and as part of a team • Proven organisational and time management skills • Working with Children Check • Commitment to ongoing professional development • Desirable to have APHRA, or ASORC registration • Demonstrated to have strong interpersonal skills and manage difficult situations • Must communicate clearly with others, including physicians, patients, and patients' families
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Person Specification	
Education/Qualifications:	
Essential	Desirable
ESSA accreditation as an Accredited Exercise Physiologist Qualification in exercise physiology	
Skills/Knowledge	
Essential	Desirable
<ul style="list-style-type: none"> • ESSA registration • Full working rights in Australia • Current National Police Check 	<ul style="list-style-type: none"> • Experience in Exercise Physiology work with people with disabilities

Signature

Date: